



MODULE DESCRIPTION

Module code	full-time studies:	Z-ZIP1-E-206c
	part-time studies:	Z-ZIPN1-E-206c
Module name	Motivation and Effective Learning	
Module name in Polish	Motywacja i efektywna nauka	
Valid from academic year	2023/2024	

MODULE PLACEMENT IN THE SYLLABUS

Field of study	MANAGEMENT AND PRODUCTION ENGINEERING
Level of education	1st degree
Studies profile	General
Form and method of conducting classes	Full-time and Part-time
Specialisation	All
Unit conducting the module	Department of Management and Organization
Module co-ordinator	Joanna Rodowicz, PhD
Approved by:	Dariusz Bojczuk, PhD, DSc

MODULE OVERVIEW

Type of subject / group of subjects	Basic
Module status	Non-compulsory
Language of conducting classes	English
Module placement in the syllabus - semester	Semester II
Initial requirements	No requirements
Examination (YES/NO)	NO
Number of ECTS credit points	1

Method of conducting classes		Lecture	Classes	Laboratory	Project	Other
Per semester	full-time studies:	15				
	part-time studies:	9				

TEACHING RESULTS AND THE METHODS OF ASSESSING TEACHING RESULTS

Category	Symbol	Learning outcomes	Assignations to the directional learning out-comes
Knowledge	W01	Student has an elementary knowledge and understands the importance of motivation in human activity.	ZIP1_W17
	W02	Student has an elementary knowledge of how to learn effectively.	ZIP1_W17
Skills	U01	Student is able to acquire knowledge in an effective manner while applying the acquired skills correctly; Is able to manage the time properly during the learning process.	ZIP1_U02 ZIP1_U06
Social competences	K01	Student understands the need and knows the possibilities of continuous, effective acquisition of knowledge and improvement, which leads to the improvement of personal and social professional competences.	ZIP1_K01
	K02	Student is ready to think and act in an entrepreneurial manner with an understanding of the mechanisms of operation of the individual and society	ZIP1_K05

TEACHING CONTENTS

Method of conducting classes	Teaching contents
Lecture	Basic terms in the field of psychology of emotions and motivation. Motivation. The importance of motivation in human life. Motivation in the profession. Ways of motivating employees. Reasons for demotivation. Stress and ways of coping with stress. Memory and memorization. Mnemonics, concept maps, mind maps. Learning. Ways of effective learning. Motivation and effective learning.

METHODS OF ASSESSING TEACHING RESULTS

Symbol	Methods of checking the learning outcomes (select X)					
	Oral exam	Written exam	Test	Project	Statement	Other
W01			X			
W02			X			
U01			X			
K01			X			
K02			X			

FORM AND CONDITIONS OF PASSING

Form of classes	Form of credit	Passing conditions
Lecture	Credit with grade	Correct answer to at least 3 questions in written or oral form.

STUDENT WORKLOAD

Balance of ECTS points												
No.	Type of student's activity	Student's workload										Unit
		full-time					part-time					
1.	Participation in the activities	Lc	C	Lb	P	O	Lc	C	Lb	P	O	h
		15					9					
2.	Other (consultation, exam)	2					2					h
3.	Number of hours of a student's as- sisted work	17					11					h
4.	Number of ECTS credit points which are allocated for assisted work	0,7					0,4					ECTS
5.	Number of hours of a student's un- assisted work	8					14					h
6.	Number of ECTS credit points which a student receives for unassisted work	0,3					0,6					ECTS
7.	Work input connected with practical classes	0					0					h
8.	Number of ECTS credit points which a student receives for practical classes	0,0					0,0					ECTS
9.	Total number of hours of a stu- dent's work	25					25					h
10.	Punkty ECTS za modul <i>1 ECTS=25 hours</i>	1										ECTS

LITERATURE

1. Moskowitz G.B, Grant H. (2009), *The Psychology of Goals*, The Guilford Press, New York.
2. Reeve J. (2018), *Understanding Motivation and Emotion* (7th Edition), Wiley.
3. McGuire S.Y., Mark McDaniel M., McGuire S. (2018), *Teach Yourself How to Learn: Strategies You Can Use to Ace Any Course at Any Level*, Stylus Publishing.
4. Tuhovsky I. (2017), *Accelerated Learning: The Most Effective Techniques: How to Learn Fast, Improve Memory, Save your Time and Be Successful*, Andrews McMeel Publishing.